

CAPITOL LUNCHROOM MENU

<http://www.state.nd.us/fac/>

MONDAY, NOVEMBER 6

GRILL	PIZZA BURGER WITH CHIPS @ \$2.95 WITH FRIES	\$3.95
LOWFAT	CHICKEN WRAP	\$2.95
FEATURE	SUPER NACHOS AND FIXINS	\$3.97
FEATURE	NEW ENGLAND BOILED HAM WITH POTATO, CABBAGE, CARROTS & ROLL	\$5.51

TUESDAY, NOVEMBER 7

GRILL	RUEBEN SANDWICH WITH CHIPS @ \$3.50 WITH FRIES	\$4.50
LOWFAT	STUFFED TOMATO SURPRISE	\$2.95
FEATURE	SWEDISH MEATBALLS WITH POTATO, VEG. & ROLL	\$5.51
FEATURE	BAKED POTATO WITH BROCCOLI N CHEDDAR (EXTRA TOPPINGS AVAILABLE: (Cheese, Bacon, Fat Free Ranch, Fat Free Sour Cream-.25 each)	\$3.25

WEDNESDAY NOVEMBER 8

GRILL	GRILLED CHICKEN BREAST ON GRILLED SOURDOUGH WITH SWISS N CHIPS 3.25 WITH FRIES	\$4.25
LOWFAT	ITALIAN ROTINI SALAD WITH 2 CHEESE BREADS	\$4.90
FEATURE	CHICKEN FRIED STEAK WITH VEG, POTATO AND ROLL	\$5.51
FEATURE		

THURSDAY, NOVEMBER 9

GRILL	FLEISCHKEUCHLE @ \$2.75..... WITH PASTA	\$3.40
LOWFAT	VEGGIE PIZZA BAGEL HALF	\$1.65
FEATURE	BAKED CHICKEN ON RICE WITH VEG. & ROLL	\$5.51
FEATURE	LAZY PIGS HOTDISH WITH VEG., & ROLL	\$4.90
FEATURE	BAKED POTATO WITH BUTTERBLEND (EXTRA TOPPINGS AVAILABLE: 25c EACH)	\$1.75

FRIDAY, NOVEMBER 10

Closed for the Veteran's Day Holiday

REMEMBER

REMBEMBER

HUNT SAFE --- HAVE FUN

DAILY SPECIALS

FRENCH FRIES ARE \$1.40 OR \$1.00 WITH A SANDWICH

*** GRILLED CHICKEN ***		\$2.95
HOT BEEF SANDWICH		\$4.90
ROAST BEEF DINNER		\$5.14
SALAD BAR		\$1.90
CHILI	CUP \$1.50	BOWL \$2.50
SOUP	CUP \$1.45	BOWL \$2.29

CAFETERIA HOURS: 7:00 A.M. TO 4:30 P.M.

BREAKFAST: 7:00 - 10:30

LUNCH: 10:30 - 1:30

